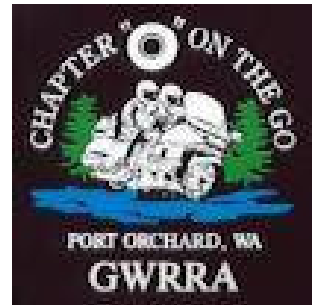




The Pod Publisher



GWRRRA - REGION I - WASHINGTON DISTRICT - CHAPTER O

March 1st, 2007

Volume 17, Issue #3

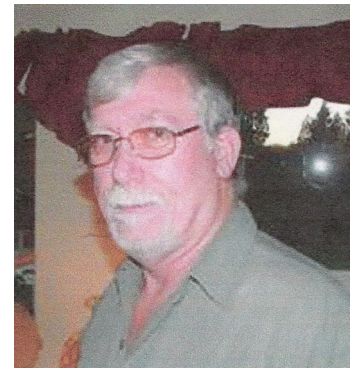
Thoughts from your Chapter Director

Hello to the Pod..

Well January is gone and February will soon be gone as well, my how time flies when we are having fun.

We had a great turn out for our January Gathering, thank you one and all. I would also like to thank Mike Briggs and Bill Ellis for the Knowledge Enhancement seminars that they provided at the Givens Community Center in Port Orchard following our Gathering.

The seminars had a lot of great information. We learned about the History of GWRRRA, The Structure of GWRRRA as well as the Chapter Structure and Organization. Chapter "O" had seven in attendance. Doug and some of his group from Chapter "B" and some from Chapter "I" were also there. I wish we could have had more "O" members there. (May be next time.) Thank you Mike and Bill it was very educational.



February started off on the right foot with a Riders Education Work shop in Buckley on the 3rd. hosted by Washington District. There were classes on road rage, trip planning, road captain courses, proficient motorcycling, and many more. I must not fail to mention what a great lunch we had. Thanks to Bob & Becky Minor, our District Directors and there staff for a job well done.

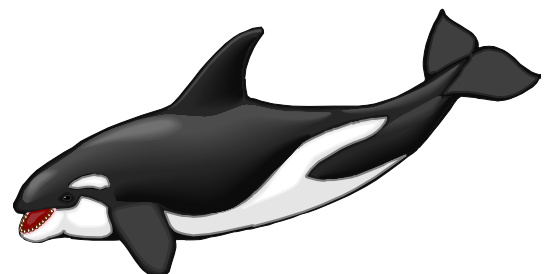
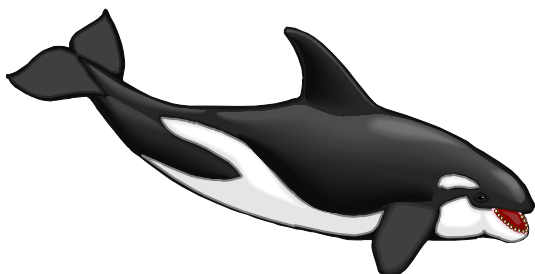
February also brings us The Bowling Challenge on the 24th, come on out and bowl or just show your support. The Challenge will follow our monthly gathering.

Every now and then I like to get on my soap box. This month I would like to talk about Chapter Visitations. Each year there is a planning meeting. My staff and I along with anyone else who would like to attend, set down and plan what we as a chapter would like to do for the coming year. One of the things that we put on our calendar is Visitations.

Looking at it as a Chapter Director, I can tell you that it is a great feeling to see other Chapters at your gathering.

Not only does it give us a chance to meet new and old friends but it also helps support the Chapter by selling 50/50 tickets. I have been around a long time and I have seen how important, not to mention how much fun visitations can be. When you look on our web site you will see what we have planned. Please come and join us.

John.



Myrna's Thoughts

Casino Dining

It was time to change things up from the same old DINNER SOCIAL.

So on the 11th of February we meet at the 76 station in Port Orchard and traveled to the Clearwater Casino for their Sunday Brunch.

Jack Davies was on his bike even with the threat of rain facing him. Everyone else took the sure fire dry route and drove on all four wheels.

The turn out was good for early on a Sunday morning. We had a total of 14.

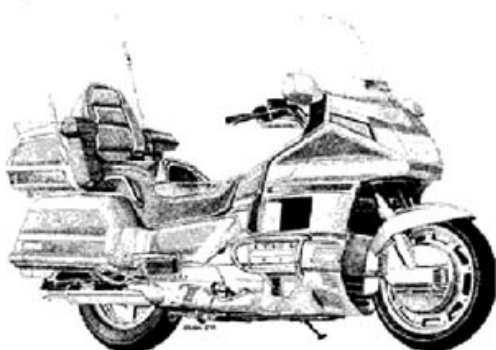
Vern & Rita were there to greet us when we arrived. Tim & Marisa White, our Web Master, and their daughter Kasey, Dave & Debbie Miller, our News Letter Editors, and their Grandson Landon, joined us too.

The youngest biker couple ever to hit a GWRRA function. Although Kasey is truly robbing the cradle. Cause Landon is only 3 months old and she is 18 months old. They were both so cute and the talk of the table.

We had news of another new member, although she was not at the brunch. Jim & Jan Olmsted have a new puppy, named Daisy. As always we had great food and lot of good conversation.

So make a note on your calendar to come and join us at the China West located on Mile Hill in Port Orchard, on the 6th of March. I don't think that we have ever been there before as a Chapter. Lets make and large showing.

Myrna



CHAPTER GATHERINGS



WA-V	Auburn	1st Thu	WA-Q	Puyallup	1st Fri
WA-M	Yakima	1st Sat	WA-R	Walla Walla	1st Sat
WA-B	Bremerton	1st Sun	WA-H	Lynden	2nd Tue
WA-W	Wenatchee	2nd Tue	WA-Y	Enumclaw	2nd Fri
WA-C	Everett	2nd Sat	WA-L	Kennewick	2nd Sat
WA-Z	Centralia	2nd Sat	WA-D	Aberdeen	2nd Sun
WA-S	Ephrata	3rd Thu	WA-E	Bellevue	3rd Sat
WA-G	Gig Harbor	3rd Sat	WA-K	White Salmon	3rd Sat
WA-P	Longview	3rd Sat	WA-I	Olympia	3rd Sun
WA-N	Spokane	3rd Sun	WA-A	Seattle	4th Sat
WA-O	Port Orchard	4th Sat	WA-F	Tacoma	4th Sun

Chapter O host a gathering the 4th Saturday of each month at the Airport Diner, located at the Bremerton Municipal Airport on State Route 3. Breakfast starts at 8:00 AM followed by the gathering at 9:00 AM. See WWW.GWRRA.ORG for other chapters meeting locations and times.

News Letter Editor's Notes

First, I want to say thank you to John for giving me this opportunity to server our chapter. I hope I can produce a newsletter that is interesting and informative for our chapter. Don't forget, this is YOUR newsletter. Please feel free to send me articles and information that you feel may benefit our membership. If you don't like what you see here, please let me know. If you like what you see, please tell John J

See you all soon,
Dave Miller, Newsletter editor

Mike & Barb, Your ACDs

Well, it's that time again and I haven't been very active this month. Barbra and I have been so busy on weekends on our rental that there hasn't been much time for anything else.

I did go to the govn. run meeting, they have decided on 2 motorcycles.....1 black H/D and 1 G/W, but not sure what year or colors yet.

Hopefully, everyone has filled out the pre-registration forms and sent them in and if not.....GET "R" DONE

If your interested in helping, we can always use help, get in touch with John. It is May 5-6th...see ya there.

We have the bowling practice Sat.17th, if you bowl.....try and be there, we want to keep the trophy in our Chapter and then there is the planning meeting after wards.....it's always fun.

Stay warm and dry.

Mike and Barbra Berreman

your A/CD

Some more "Biker Wisdom"

"Saddlebags can never hold everything you want, but the CAN hold everything you need."

"Never argue with a woman holding a torque wrench."

"Never try to race an old Geezer, he may have one more gear than you."

"You'll get farther down the road if you learn to use more than two fingers on the front brake."

From the British Medical Journal:

For a safer ride, keep an eye on nearby SUV's: those who get around in four-wheel drive vehicles take more risks than people behind the wheel of conventional automobiles. SUV drivers were four times as likely to use hand-held cell phones on the road, behavior that can quadruple the risk of accidents.

Ken & Sandi, Your New ACDs

Greetings,

Well it's going into our first official-unofficial month of being your newest Assistant Chapter Directors and we say that since we haven't been sworn in or at as yet.

With that said because of Valentines Day work for Sandi, I attended the training session in Buckley the first week end in February and as usually it was pretty good, there was some kind of class for everyone from showing your bike to packing and planning trips.

One major thing that we all need to remember is our bikes maintenance from the simple oil change to the major things like tires and the simplest thing about our tires was to check them regularly and keep the right pressure in them. That also includes your trailer if you tow one.

Speaking of trailers, I've gotten the fiberglass and finish all prepared to get the paint back on it it's amazing how a little asphalt can rub away so much paint and fiber glass when it's on it's top. So as Jan has appropriately named it Flipper, it will be back following closely behind very shortly.

We had a very good turn out for the training and we'd like to thank, Nelson Wagner, Jack Davis, Pat and Debbie Holmes, Donna Dodge and Alan Fewel, John Seifort, John Parson and of course our Chapter Director John Scrivner. If I missed anyone I apologize as I said we are officially unofficial you're A/CDs.

Please remembered the training GWRRA offers it members is keeping with the idea fun, safety and knowledge the more we know about our bike and how to use them the better riders we will become and more fun we will have.

Also please remember participate in what you can when you can, everyone has demands on their everyday life.

See you soon,
Ken and Sandi Smith, A/CD's

This month safety tip

Why change the brake and clutch fluids?

The chemicals makeup of the fluid is such that it will absorb moisture and hold it suspended in the fluid. This helps to prevent corrosion, at least until the fluid becomes saturated.

As the brake fluid heats up, there is a chance it will become hot enough for steam to form, resulting in brake fade. An indicator is a brown appearance in the sight glass.

So you are probably questioning in you mind, HOW HOT DO YOU SUPPOSE THAT FLUID IS? New DOT 4 fluid will boil at 446 degrees, and 311 degrees when it becomes wet with 3.5 percent moisture.

However, when saturated, forget it. If it is 100 degrees out, you are one third of the way to the boiling point of wet DOT 4. Now with the front rotor covers on, and the rear tucked up under the saddle bags, how much cooling are you getting?

You could be a candidate for the most interesting ride of the year. Change that fluid once in a while.

If you have never changed your fluid and need help, just ask and someone will give you a hand.

Senior Rider Educators
Alan Fewel & Donna Dodge



Hypothermia

Simply put, hypothermia occurs when the body temperature is lowered from 98.6 degrees **AND** it is unable to produce heat. Most of us have experienced mild hypothermia at one time or another, chattering teeth along with a slight body chill for instance. If left uncorrected, death can occur.

Hypothermia effects can develop in temperatures as high as the 60's and 70's. It is especially common in cooler temperatures when there is wind, lack of sunshine and most importantly, wet or damp clothing. Shivering, slow or slurred speech, stiff fingers, stumbling, sleepiness and exhaustion are common symptoms.

Ultimate Winter Layer:

To prevent hypothermia, dress in layers to wick away moisture while retaining body heat. Silk is nature's best insulator. Pure silk traps heat like nothing else, yet is light weight, smooth and in a "tight" interlock knit to trap heat next to your body. Because of silk's tight interlock knit, it wicks moisture away before it can reach your skin. Silk should be the "first" layer next to your body with all other cloths layered on top.

Further hypothermia preventing can come from carrying a dry change of cloths, including another set of riding gloves, drinking water and taking frequent snacks.

Should you develop hypothermia, change into dry clothing. Wear a hat to help prevent heat from escaping from your scalp. Wrap up in a coat, blanket or sleeping bag. Get into a warm, dry environment. Do not sleep until all signs of hypothermia are gone and avoid consuming anything containing caffeine or alcohol.

Bowling Challenge

Don't forget the bowling challenge Saturday February 24th. Once again chapter O is hosting at the Hi Joy Bowl on Bethel in Port Orchard following the gathering. Even if you don't bowl, come on out and show your support.

Rider Education

With many of the chapter members planning vacations this summer, this a reminder from your Chapter Rider Educators to put this information in your bike. For your well being, in case of an emergency ,it can mean life or death in some circumstances. Please leave this in your bike for all the rides you go on . In the past when we have talked about this we all decided to keep it in the left storage compartment next to your handle bars. This way everyone looks in the same place when an emergency arises.

Senior Rider Educators
Alan Fewel & Donna Dodge

IN CASE OF EMERGENCY

Name _____
Phone Hm _____
Cell _____
Name _____
Phone Hm _____
Cell _____
DR. _____
Phone _____
Med. Ins. _____
Policy # _____
Medications _____

Allergies _____
Diabetes _____ Asthma _____
Other Inform. _____

IN CASE OF EMERGENCY

Name _____
Phone Hm _____
Cell _____
Name _____
Phone Hm _____
Cell _____
DR. _____
Phone _____
Med. Ins. _____
Policy # _____
Medications _____

Allergies _____
Diabetes _____ Asthma _____
Other Inform. _____

PLACE OTHER PASSENGERS/CONTACTS AND INFORMATION ON BACK

Paramedics will turn to a victim's cell phone for clues to that person's identity. You can make their job much easier with a simple idea that they are trying to get everyone to adopt: ICE. ICE stands for In Case of Emergency. If you add an entry in the contacts list in your cell phone under ICE, with the name and phone no. of the person that the emergency services should call on your behalf, you can save them a lot of time and have your loved ones contacted quickly. It only takes a few moments of your time to do. Paramedics know what ICE means and they look for it immediately. Add ICE to your cell

Schedule of Events

- March 3rd, NW Wings Annual Action & Spaghetti Feed Burien Elks
- March 4th, Chapter B Gathering
- March 6th, Dinner Social, China West on Mile Hill , Port Orchard 6:30 PM
- March 11th, Chapter Visit, Chapter D Aberdeen, Leave Belfair Safeway 7:00 AM.
- March 17th, Chapter G Gathering
- March 20, Chapter Planning Meeting, Mike B's House, 6:30 PM, Meet at Belfair Safeway 6:15 PM
- March 24th, Chapter O Gathering

March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Birthdays and Anniversaries

Birthdays

03/07 Donna Dodge
 03/07 Patrick Holmes
 03/08 Sharon Williams
 03/15 Louise Harrison
 03/16 John Boyd
 03/25 Myrna Scrivner
 03/26 Gerald Biltoft



Anniversaries

03/01 Tom and Margo Curley
 03/21 Alan Fewel and Donna Dodge



GWRRA Chapter WA-O Officers and Volunteer Staff Members

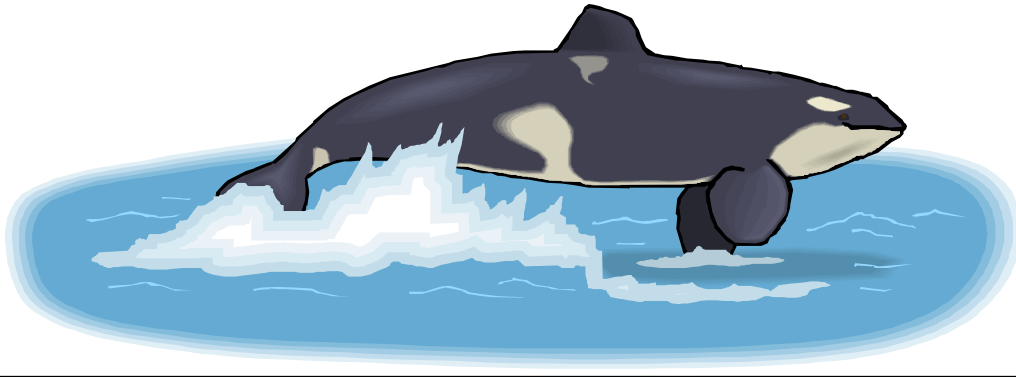
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