



The Pod Publisher



THE POD PUBLISHER

July 1st, 2008

Volume 18, Issue #7

Thoughts from your Chapter Director

Hello to the Pod,

It is sure hard to believe that it is July and we have had hardly any warm days. I had to go to Phoenix in May and again in June, it was 107 degrees there when I came back. I have been cold ever since. Oh well it's bound to get warmer sooner or later.

June was a busy month, On Sunday June the first we had 24 chapter members and Kay Beck's son Craig enjoying the Bluegrass, BBQ and Bikers that was once again hosted by Harper Church. This just gets bigger and better every year. A big thank you to the Pod for such a great turn out.

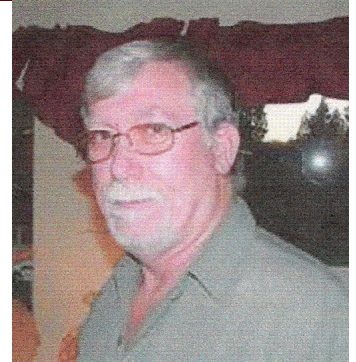
There was a Dinner Social that I missed at the Family Inn in Manchester. I am sorry I missed it but I was on a plane at that time. Speaking of Dinner Socials, we will not be having any for the summer months instead we will be having Ice Cream Socials. Our Dinner Socials will pick up again in the Fall.

Our Whale of a Picnic is slipping up on us fast, the 9th of August is not that far away. If there are any of you who would like to help with this and you have not been asked, please let myself or any of the staff know. Speaking of asking, I would like to take this time to invite all other Chapters to come and join us for a great time. We have flyers available on our web site and on page 5 of the newsletter.

The District Rally is coming up on July the 18th, 19th and 20th in Lynden. If you are going and have not sent in your registration, please do so.

In closing I once again want to say thank you and welcome to our new Chapter members.

John.



Duck Hunt

It was a chilly morning that had a real dampness to it. I left the house at 6:00 A.M. heading for Belfair. The traffic was really light and made it there in easy time. Everyone was there from Chapter B waiting for me. I said Hi, never even got off my bike and we were on our way. We had 4 trikes and 6 bikes. It was a great ride that morning. It sprinkled, not even enough to get us wet and quite. Just before we got to Shelton, the sun peaked through, it sure felt good. I really enjoy the ride from Shelton to McCleary, it is so different from any where else. When we got on the freeway heading for Montesano, it felt just like we had rode into a refrigerator. Man was it cold. We couldn't believe the difference.

Got to the school, same place as last year. After registration, They had a nice assortment of breakfast items for us. Had a brief visit with some old friends and we headed out the door to get down the rode. We went on a lot of back roads around Hoquiam, and ended up in Aberdeen. Chapter B done us proud with getting lost and some "U" turns, sound familiar??? We stopped at Clare's Cafe at Aberdeen airport to have some lunch, if we wouldn't have I think all of us would have eaten our own arms off, we were all so hungry!!! Had a GREAT lunch there, and would recommend it to anyone down that way. Got to the last check point just before the sweepers, and had to hustle to get back in time. Chapter D did a great ride and I was sorry to see so few people from all the chapters participate. I think it was the weather although it drizzled a little that day and chilly, all said, it wasn't a bad day. None of us won any of the big prizes, but Doug Clark won the 50/50. I believe it was a 150.00. So when he went up to get it we all screamed out, DAIRY QUEEN, he agreed! Our trip back was great. We stopped at Shelton Dairy Queen, and had a dry ride back, and it wasn't as cold coming this way. When we got to the Bremerton Airport looking ahead of us, was a big wall of clouds and you could smell the rain. So guess what?? We hit rain and I was soaked by the time I parked my bike at home. All day we were dry and we get home and get soaked. What's up with that? Sorry you all didn't make it , a lot of people had good intentions, but things happen. Glad I could go. By the way none of us found the duck..... but one guy from Chapter D did, we all laughed and said that was just Ducky. Sounds fishy to me!! DONNA

Your ACDs Ken & Sandi Smith

How's everyone doing? We've been pretty busy this June with Birthdays, anniversaries, father's day college graduation boy.

Besides my son Derek's and my birthdays we had a great blessing with the birth of our grand-daughter Lily Joslyn on June 8th. We had planned on going on the duck Hunt on the 7th but I think Lily took center stage on Saturday and then made her appearance on Sunday. Derek and Amanda are doing great as new parents.

We did make it to the dinner social at the Manchester Inn and had a really good time. Then on Father Day our youngest son Kyle graduated from Olympic College and then we made it to the ice cream social later that week too.

Boy what a month. Last Saturday the 21st we had a bike maintenance day and had 7 bikes at my house. I want to thank Jack for his help with the back off brake hook up on my bike. We then had a small BBQ meeting about our upcoming picnic in August. We had 21 Orcas at it and worked out a few more details.

If you have any questions about the picnic or had items for the silent auction contact John or me. See you at the chapter gathering,

Ken & Sandi Smith ACD

Chapter Gatherings

WA-V	Auburn	1st Thu	WA-Q	Puyallup	1st Fri
WA-M	Yakima	1st Sat	WA-R	Walla Walla	1st Sat
WA-B	Bremerton	1st Sun	WA-H	Lynden	2nd Tue
WA-W	Wenatchee	2nd Tue	WA-Y	Enumclaw	2nd Fri
WA-C	Everett	2nd Sat	WA-L	Kennewick	2nd Sat
WA-Z	Centralia	2nd Sat	WA-D	Aberdeen	2nd Sun
WA-S	Ephrata	3rd Thu	WA-E	Bellevue	3rd Sat
WA-G	Gig Harbor	3rd Sat	WA-K	White Salmon	3rd Sat
WA-P	Longview	3rd Sat	WA-I	Olympia	3rd Sun
WA-N	Spokane	3rd Sun	WA-A	Seattle	4th Sat
WA-O	Port Orchard	4th Sat	WA-F	Tacoma	4th Sun

Chapter O hosts a gathering the 4th Saturday of each month at the Airport Diner, located at the Bremerton Municipal Airport on State Route 3. Breakfast starts at 8:00 AM followed by the gathering at 9:00 AM. See WWW.GWRRR.ORG for other chapters meeting locations and times.

June's Many Socials

We have been a busy Chapter this month.

On the 8th, Jack Davies invited the members to his property at Panther Lake to enjoy Washington's Free Day of Fishing. Rick, Sharon and Anthony, along with their daughter and her children, myself and Vern & Rita. Colleen joined us later in the day. We had a great time watching the kids enjoy learning to fish, each of the boys caught a fish and were very proud. Thanks for a fun & relaxing day.

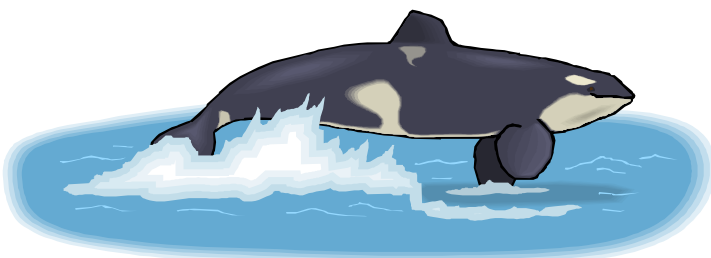
That was followed by our Dinner Social at the Family Inn in Manchester. It was Vern's suggestion and it was a good one. We had 17 members attend.

Next came our first Ice Cream Run on the 18th at the Port Orchard Dairy Queen. For the summer month we will be taking Ice Cream Runs on our normal Dinner Social night, second Tuesdays of the month. 30 members turned out. Watch the calendar for the next location.

On the 21st the tools and the oil pan came out at Ken & Sandi's, for Bike Maintenance Day. Several of us are planning on going to Lynden for District Rally in July so it's a good time to make sure that the bikes are in fine shape and ready to hit the road safely. After we had a Hot Dog Roast, a little pot luck and a planning meeting for our upcoming Whale of a Picnic on August 9th. This year is going to be bigger and better than the last. We have a great meal planned and Live Music, Silent Auction, 50/50, Set of Tires by pre registration. So get those registrations in by before the 26th of July.

John & I want to thank everyone for your help, working together is what makes our Chapter strong.

Myrna



Chapter Educators

Greetings Pod from Bill And Lori your chapter Educators.

Sorry I was not at the meeting last month. I drove my son's truck back to Minneapolis Minnesota and spent a few days with him. I saw a little snow going over the Rocky Mountains. Other than that it rained a lot. The good part was that there were not many bugs out yet. The bad part was the cost of fuel, which will definitely change how we spend our summer this year.

SOME THINGS ARE WORTH REPEATING

BIKES VS PLANES: (from GWRRA RE Newsletter, April 05. Beginning of article.)

Would you feel safe flying on a plane if you heard this conversation between the pilot and copilot?

"lets skip on the checklist today, the plane looks good enough."

Tires - "They don't look flat so the pressure is probably OK."

Lights - "The ones I can see from here work."

Oil - "It was fine last week"

Brakes - "We have two - I'm sure at least one works."

Windshield - "Its not all that dirty"

"I slept only four hours last night so let's not waste any more time here. Let's fly this baby!"

You might think twice about going on the trip at all if your pilot were not interested enough in safety to do a proper checklist. (Now, think about your prep for a motorcycle ride.)



First Aid Kits - Does yours need a check-up?

By: Cash Anthony

Do you carry a First Aid kit on your bike? If so, when is the last time you took a look inside? Many riders probably carry kits which were purchased to meet a perceived safety requirement (or to qualify for a safe-riding badge), but if you don't know what your First Aid kit contains, you may be unpleasantly surprised if you ever need to use it.

What passes for a First Aid kit from sources such as discount stores and auto supply shops (and sometimes given away as Poker Run prizes) may be woefully short of what is needed for our sport. In case of a motorcycle accident, I hate to say it, but band-aids ain't gonna help much, folks.

I was lucky enough to take a First Aid course a couple of years ago with some of the best EMS people I've ever met, at the home of our Assistant CDs for GWTA Chapter "I", Kathy and John Holly. The team who taught the course had handled serious accidents on a daily basis -- in fact, the woman in charge told me it was rare for them to be on the job for a shift without having to perform CPR at least once -- and they had come upon a number of accidents involving motorcyclists. They stressed several things that have really stuck in my mind. Your First Aid kit needs to have a really good pair of scissors in it, to cut away (thick) clothing. If you can't see the injured area, it's hard to figure out what is best to do. You may find it worthwhile to invest in a heavy-duty shears which can handle thick material.

Every rider should carry a pair (several pairs is best) of latex gloves to be used in case of an accident where blood is spilled. Having them on your bike may allow persons who want to assist you to make that decision without fear of contamination, as well as being available to you to help someone else.

A good First Aid kit should have a number of triangle bandages in it, which can be easily made from inexpensive muslin purchased at any fabric or discount department store -- I got mine for about .99 a yard. These pieces should be large enough that you can make a sling from them, or fold them to use as a pressure-point type bandage, or put them on a head injury to hold other bandages into place. Mine are about 30" by 30" and are cut on the diagonal. These are just unbleached muslin, but they are clean and strong and BIG. I've NEVER seen a commercially purchased First Aid kit with these supplied. If you need more than one (for example, after making a sling for an arm, it's a good idea to immobilize that arm by binding it to the upper body), you can tie several of these together if the patient is a large individual. Carrying a minimum of three triangle bandages would be a good idea. I've also seen very few kits that have anything like enough sterile gauze pads. If you need to put pressure on a bleeding wound, you'll go through these items fast and will want enough to add another clean one often, directly to the wound.

It is helpful to have a bottle of filtered or distilled water in your kit. This can be useful in case of broken bones, eye injuries, cleaning out other minor injuries, and for dehydration. If you've got a compound fracture, it is helpful to put a muslin bandage over a damp gauze bandage on the end of the exposed bone, to keep it from drying out. Many minor problems can be dealt with initially by washing them with clean water, and debris in the eye can often be relieved by this, with nothing else required. (Even if the water isn't distilled or filtered, it can still be used if it's of potable quality.)

In the case of very bad head injuries, it's not unusual to have substantial eye injuries. Unfortunately, eyes can come out of place on impact. The recommended First Aid in this situation is to have a cup (like a clean Styrofoam cup) available to contain the damaged and displaced eye, and to strap that cup onto the face with a triangle bandage.

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dage. The medical folks today can do amazing things to put an eye back into place, but it's a good idea to bandage both eyes to keep the person from panicking (and to slow the 'eye-matching' reflexes, which try to make our eyes work together), while touching and reassuring the injured party. Having a clean cup in your kit may permit you to do someone an invaluable service by helping to save their sight.

Those who haven't taken a CPR or First Aid class in a while might be interested to know that the American Heart Association guidelines on CPR have been changing gradually. The last time I took one (about 14 months ago), I found that the procedure was not exactly the same as what I'd been taught in my previous courses. But all these courses do strongly recommend that a person who is going to administer CPR have a barrier available to protect them from the bodily fluids of the injured party. This may be a plastic gadget that looks like a kitchen gripper, with a hole in it for a breathing tube, or a more sophisticated mask that can keep a rescuer's face and lips away from the injured party while he or she breathes for the person who's down. These items are inexpensive and are available at medical supply shops, but I've yet to see a commercial First Aid kit that comes with one.

Most simple First Aid kits contain some kind of antiseptic ointment or cream. These can be useful for minor sunburns or insect bites, but they should usually NOT be used on an serious injury. When the medical folks start working on a wound, they don't want to wonder what has already been applied to it. When in doubt, throw it out. In case of an accident, the first response these days is to call 911. In most regions of the country, even in rural areas, emergency assistance can be sent out right away. However, if you ever become a witness to a bad accident, you'll discover how important it is to have current information and adequate First Aid gear, even if you can't really do very much at the scene. It may save a life to know what NOT to do.

When you reach for that First Aid kit, you'll be better prepared if you know what's in it and how to use it. Take some time to look at what you're carrying on your bike, to see if it's what you really need

B.Z. Toons

by Brian Zaikowski



Sir, are you sure you sent me to the right planet?
'Cause I have my doubts about the people here being
ready for entrance into the intergalactic community.

B.Z. Toons

by Brian Zaikowski



© Zaikowski

A WHALE OF A PICNIC

For a Whale of a Good Time
Come join the Pod
For a Picnic in the Park



50/50

SILENT AUCTION

AUGUST 9TH, 2008

Registration starts - 9AM Donuts & coffee
Ride starts from JARSTAD PARK- 10AM
PICNIC LUNCH BEGINS- 1PM

PRE-REGISTRATION BY JULY 26th
FOR GRAND PRIZE AND
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REFUNDED
THEIR ENTRY FEE
FOOD WILL BE DONATED
TO LOCAL FOOD BANK



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MUST BE PRESENT TO WIN

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ADDRESS _____ ADDRESS _____
CITY _____ STATE _____ ZIP _____ CITY _____ STATE _____ ZIP _____
PHONE _____ CHAPTER _____

MAKE CHECKS PAYABLE TO:GWRRA WA-0 \$10.00 Per Rider _____
MAIL TO: \$5.00 Per Co-Rider _____

JAN OLMSTED

90 E. OLD RANCH RD. ALLYN, WA. 98524 Total \$ _____

NO PETS - NO ALCOHOL - ALLOWED ON THE PREMISES

I here by agree to comply with the ideas governing this run, and I further agree to hold harmless to the GWRRA and any property owner or owners for any loss or injury to self or property in which I may become involved by reason of participation of this run. I do also agree to assume responsibility for any property damage which I may unknowingly damage. You are responsible for your own insurance. Signature _____

CALL: JOHN SCRIVNER - 360-275-8606 or KEN SMITH 360-876-6737

Chapter O Calendar and Schedule of Events

July 2008

- 6th - WA-B Gathering - CANCELED
- 8th - WA-O Ice Cream Social - Stone Cold Creamery in Silverdale. Leave 76 at 6:30 PM
- 17-20 - District rally - Lynden Washington
- 22nd - Planning meeting at Ken & Sandi's - 6:30 PM
- 26th - WA-O Gathering
- 26th - Final day for Pre Registration for Whale of a Picnic

Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Birthdays and Anniversaries

Birthdays

- 7/06 - Joyce Woods
- 7/16 - Fred Schmidt
- 7/18 - Mike Berreman
- 7/27 - Robert Nelson

Anniversaries

- 7/27 - Jack & Louise Harrison - 29th
- 7/31 - John & Wilma Laird - 30th
- 7/14 - James & Janice Olmsted - 29th
- 7/16 - Frank & Diane Taber - 19th



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 Brand name unknown.**

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